# **CURRICULUM VITAE**

#### JYOTI SUNAR

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#### **CAREER OBJECTIVE:**

To become a dedicated, hardworking staff with Master degree to build up a career and to do my best for the organization I work for and to serve the humanity to the upmost. I am dedicated to my work with a professional and efficient outlook focused to strive and obtained my goals, in order to be successful in my profession and to achieve personal and career growth.

## **EDUCATIONAL QUALIFICATION:**

- M.Sc. Nursing Medical Surgical Nursing (Critical Care Nursing) Era College of Nursing, Era University, Lucknow. Batch: 2019-2021 Aggregate: 75.38%
- B.Sc. Nursing Sikkim Manipal College of Nursing, SMU, Gangtok Batch: 2013- 2017 Aggregate: 68.8%
- Intermediate

NIOS, Shillong Passing year: 2013 Aggregate: 70.8%

 High School Hill View Secondary School, MBOS Passing year: 2006 Aggregate: 50%

### **WORK EXPERIENCE:**

Worked as Nursing Tutor in Career College of Nursing, IIM road, ghaila, Lucknow for the period of one year

Worked as a **staff nurse (ICU)** in **Narayana Superspeciality Hospital**, Guwahati for the period of one year and five months.

# **CO-CURRICULAR ACTIVITIES:**

Organized a national level workshop on WORLD HEART DAY "Use Heart To Connect Heart" on 29<sup>th</sup> September 2021 at Era College Of Nursing, Era University, Lucknow.

#### Certificate in various workshops:

- Attained the diabetes nurse's and paramedics training programme, of North Eastern Diabetes Society on the occasion of the WORLD DIABETES DAY on 14<sup>th</sup> November 2018.
- Participated the National Conference On Integration Of Theories In Clinical Practice And Research. Held on 28<sup>th</sup> February 2020 at KGMU College of nursing, King George's Medical University, Lucknow, U.P.
- Participated in two days workshop on Evidence Based Practice And Clinical Research With Advanced Techniques, organized by dept. of Physiotherapy, Era University, Lucknow on 19<sup>th</sup> and 20<sup>th</sup> February 2020.
- Participated in national level webinar on "**The Future Of Health: Emerging Trends In Telemedicine And E- Health**", organized by CPMS college of nursing, Guwahati, on 11<sup>th</sup> September 2021.

## **MY STERNGTH:**

- Attitude to be a part of noble profession- Nursing.
- Self-confidence, self-motivated and optimistic.
- Practical approach and administration ability
- Good communication skill.
- Discipline, punctuality and sincerity.
- Believe in action as well as God.

## **COMPUTER SKILLS:**

- Has basic knowledge about MS-Office and SPSS.
- Use of computer in research and nursing practice skills.

#### **RESEARCH EXPERIENCE:**

**M.Sc. Nursing project:** "A study to assess the effect of Music Therapy on level of pain among patients undergone abdominal surgery at selected hospital, Lucknow."

**B.Sc. Nursing group project:** "Knowledge and Attitude towards teenage pregnancy among adolescent students of selected urban and rural schools of East Sikkim".

#### **PERSONAL DETAILS:**

- Name : Miss Jyoti Sunar
- Father's Name : Mr. Krishna Sunar
- Date of Birth : 05-10-1987
- Religion : Hindu
- Marital Status : Unmarried
- Nationality : Indian
- Address : QT No. MT= 35/2, A.R.C, Power House, Happy Valley, Shillong-7
- Language Known : English, Hindi and Nepali
- Hobbies : Watching TV and cooking

I hereby declare that all the information furnished by me above is true and best of my knowledge.

## Date: 13-04-2023

**Place: Shillong** 

## JYOTI SUNAR